

## **Write up on all the efforts made in the field of Environment Education, Sports Achievements, Innovations, Overall results, PTA Activities.**

**Environment Education** – The Environment Education is a part of day to day lessons and activities taken up while teaching or a part of some special day. The school encourages students to participate in plantation of saplings of fruit trees and other herbal plants. The School discourages the use of foils and polythene or plastic bags are not allowed in the school campus. The students are encouraged to protect the environment by different activities.

**World Environmental day** - As a part of Environment Education, June 5<sup>th</sup> was celebrated as World Environment Day. Members of Nature Club cleaned the surroundings and planted saplings in the school campus.

**World Nature conservation Day** - On 28<sup>th</sup> July 2023, as part of World Nature conservation Day, 'ECO CLUB' was formed. The teachers and the students of the club organized various activities and programs to increase awareness among students about importance of conserving natural resources and protecting the environment. A special assembly was conducted by the ECO CLUB and an awareness speech was delivered by class X<sup>th</sup> students.

A seminar was conducted on 3<sup>rd</sup> August 2023 by the students of class XI<sup>th</sup> and XII<sup>th</sup> to provide awareness to the students about the importance of conserving the environment, afforestation, water and energy conservation and pollution control. As part of that painting competition, poster making competitions, art with leaves etc. was also conducted. These activities will help the students to respect and protect their environment. To encourage the students to protect the environment each club member was given saplings for planting and was given the responsibility of taking care of these plants.

**International Yoga Day** – International Yoga Day was celebrated on 21<sup>st</sup> June. As a part of International Yoga Day the sports club conducted a mass yoga session. The students of class six onwards participated in the yoga day celebrations.

**Annual sports day** - Annual sports day of the school was organized on 4<sup>th</sup> November 2023. Sri Sreekumar, the Sub Inspector of Police was the chief Guest of the event. The day began with Marathon race followed by March past thereafter the exciting sporting events, including track and field, throw events, pit events and indoor games were conducted. The participants from four different houses took part in the events. The selected students participated in the Central Travancore Sahodaya sports meet. The school has been providing football coaching to the students after the school hours. Sports activities have helped the students to learn teamwork, leadership, patience and self – confidence. They are able to face their life challenges.

**Hygiene week** - Hygiene week was organized from 12<sup>th</sup> to 16<sup>th</sup> June 2023 to provide awareness to the students about daily hygiene in day today life. Demonstration was given to the students through role play to provide awareness about the importance of washing hands before and after food, using tissue paper or towel for wiping the running nose, brushing the teeth twice daily, importance of cutting nails etc.

**Reading week** - Reading week was organized from 19<sup>th</sup> to 25<sup>th</sup> June. This was conducted to encourage students towards reading books, newspapers and journals. As part of that book hunt, tongue twisters, reading competition were conducted. Prizes were distributed for the same in an open assembly.

**Mother's Day** – Mother's Day was celebrated on 15<sup>th</sup> July 2023. A formal function was arranged, which was followed by some interesting cultural programmes and gaming sessions for mothers. The day helped the children to respect and express their love and gratitude to their mother.

**Nelson Mandela Day** – Social Science club celebrated Nelson Mandela Day on 18<sup>th</sup> July 2023. An essay competition was conducted for secondary and high school students. The students were able to learn about Mandela and his life.

**Arts Festival** – Arts festival was held on 20<sup>th</sup> and 21<sup>st</sup> July. It was characterized by onstage as well as off stage competitions. Art experiences help students to develop their creativity and self – expression. It helps students stimulate their imaginations and cognitive skills. The students get an opportunity to showcase their creative talent in the field of art. The students of various categories participated in Central Travancore sahodaya competitions.

**Colour Day Celebrations** - School has celebrated days of different colours like: Green day, Red day, Yellow day, Blue day. On these days the students as well as the teachers wore the dress according to the colour. This makes the children aware of the colours in their environment and to develop fine motor skills. Colours can sway thinking, change actions and cause reactions. Colours bring the positivity among students.

**Independence Day-** As our country is celebrating 75 years of Independence, Independence Day was celebrated with great enthusiasm and delight. As a part of the celebration hoisting of flag, followed by a colourful rally was conducted on this occasion. Children dressed up as revolutionaries and national leaders.

**Onam Celebration** – Onam celebration was conducted on 25<sup>th</sup> August. Various competitions were held as part of celebration including tug- of- war, Athapookalam, vallapattu, thiruvathira etc. Onam has a rich mythology and traditions that are followed. The festival marks the harvest season and the end of monsoon.

**Teacher's Day** - The Teacher's Day celebration (5<sup>th</sup> September 2023) was a resounding success. Students organized various activities, including heartfelt speeches, creative performances, and a token of appreciation for each teacher. The event fostered a sense of gratitude and recognition for the dedicated educators who play a pivotal role in shaping young minds. The day was marked even more special as the classes were taken by students in the role of teachers.

**Grand Parents' Day** - 12<sup>th</sup> September 2023 was celebrated as Grandparents Day. Grandparents were invited to the school. Various entertainment programs were organized for them. This celebration can foster a strong sense of unity and love among the community.

**Fruit Salad Day** - Fruit Salad Day was celebrated on 21<sup>st</sup> September 2023. The day was celebrated colourfully by the kids. The students and teachers brought fruits from their home made salad at school. The salad was distributed. This day helped the students to learn about health benefits of fruits.

**Gandhi Jayanthi-** To remember the contribution made by the father of the nation Mahatma Gandhi a special assembly was conducted on 2<sup>nd</sup> October 2023 based on Gandhiji's teachings. A cleanliness drive was organized in the school surroundings under the guidance of teachers.

**Postal Day** – Postal day was celebrated on 10<sup>th</sup> October 2023. As part of that the students visited post office to inculcate the traditional system of message exchange. They also send post cards and understood the working of post office.

**School Tour** – A four day tour was conducted for class X to XII students from 12<sup>th</sup> to 15<sup>th</sup> October. They visited Coorg, Uduppi and Chikmagalur. This tour helped the students to explore the nature. They enhanced the classroom learning. They got the opportunity to see, touch and experience what they learned in the classroom. The tour helped them to improve their problem solving skills, team work and decision making skills.

**Children's Day** - The day (14<sup>th</sup> November 2023) began with a special assembly dedicated to the children. Teachers and students gathered to kick start the celebrations with enthusiasm and energy. Various cultural performances were organized, showcasing the diverse talents of the students. Dance, music, skits, and poetry recitations added color and vibrancy to the celebration. The Children's Day celebration was a resounding success, bringing joy and laughter to every corner of the school. The event not only celebrated the children but also emphasized the importance of their well-rounded development. The active participation of students, teachers, and parents contributed to making this day memorable and meaningful. Children's Day serves as a reminder of the significance of nurturing and cherishing the young minds that will shape the future.

**Christmas Celebration** – Christmas celebration was on 22<sup>nd</sup> December 2023. The celebration was a heartwarming and memorable event. The function was blessed by the presence of Rev. Fr. Jalson P George. The entire venue was transformed into a winter wonderland with decorations, including Christmas tree, crib, lights etc. The program also included house wise carol song competition, Christmas tree competition.

**Annual Day** – Annual Day celebration “INCANTO 2023” was on 15<sup>th</sup> December 2023. The event commenced with a formal inauguration ceremony, graced by distinguished guests, management and school officials and parents. The function was a resounding success, encapsulating the achievements, talents and cultural richness of the school. The event not only celebrated the academic accomplishments of the students but also provided a platform for showcasing their artistic talents.

**Science Exhibition** - A Science Exhibition was arranged on 28<sup>th</sup> February 2024. The exhibition was a resounding success, providing a platform for students to showcase their scientific prowess and fostering a culture of curiosity and innovation. Students from various grades displayed a diverse array of innovative science projects, ranging from physics and chemistry experiments to biology investigations. The projects reflected creativity, scientific curiosity, and a deep understanding of scientific principles.

**Overall Results** – The involvement of students, parents and teachers has increased and improved. The results of class X and XII of the school prove without any doubt that our students have made us proud. The result was 100% for class X as well as class XII. The students passed in flying colours.

**PTA Activities** - In order to ensure balanced growth of a child, regular interaction of school and the parent is of utmost necessity. So, Parent – Teacher meetings are held on every first Saturday and after every examination, where the parents get a feedback about their child's progress. PTA promotes the welfare of children in home, society and community.